

LUNCH MENU

Week 3

MONDAY

Creamy Garlic Chicken

Jackfruit and Vegetable Chilli

Rice
Broccoli
Carrots

Chocolate and Orange Brownie

TUESDAY

Cottage Pie

Fall Roasted Vegetable Casserole with
Dauphinoise Potatoes

Green Beans
Cauliflower

Apple and Berry Pie and Custard

WEDNESDAY

Roasted Pork Loin with Apple Sauce and Gravy

Spinach and Lentil Wellington

Roast Potatoes
Sautéed Cabbage
Carrots

Pumpkin Slice

THURSDAY

Turkey, Ham and Leek Pie

Mushroom Portuguese

Mash Potato
Roasted Mediterranean Vegetables

Jam Roly-Poly and Custard

FRIDAY

Section of Fish

Battered Aubergine

Chips
Peas
Baked Beans

Caramelised Banana Upside Down Cake

EVERYDAY

Salad Bar
Jacket Potatoes
Soup
Bread
Cut fruit
Yoghurts

NOTES

(V) Vegetarian

(F) Fish

(SH) Shellfish

(VG) Vegan

(GF) Gluten Free

(D) Dairy

Gluten free alternatives available every day