

LUNCH MENU

Week 2

MONDAY

Cajun Chicken Pasta Bake

Butternut Squash Mac-Cheese

Garlic Bread
Sweetcorn
Sautéed Herby Courgettes

Vanilla Rice Pudding with Strawberry Jam

TUESDAY

Roast Beef with Yorkshire Puddings

Three Cheese, Pepper and Rocket Tart

Roast Potatoes
Cabbage
Cauliflower

Bread and Butter Pudding with Custard

WEDNESDAY

Malaysian Chicken Curry

Sweet Potato Curry

Steamed Brown Rice
Broccoli
Roasted Butternut Squash

White Chocolate and Custard Tart with a
Nutmeg Pastry

THURSDAY

Lamb Hotpot

Cauliflower and Broccoli Mornay

New Potatoes
Honey Roasted Carrots
Green Beans

Treacle Sponge with Cream

FRIDAY

Selection of Fish

Aubergine Parmigiana

Chips
Mushy Peas
Baked Beans

Carrot Cake

EVERYDAY

Salad Bar
Jacket Potatoes
Soup
Bread
Cut fruit
Yoghurts

NOTES

(V) Vegetarian

(F) Fish

(SH) Shellfish

(VG) Vegan

(GF) Gluten Free

(D) Dairy

Gluten free alternatives available every day