

This week's menu

Café Mall Week One



	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main course	Beef Burger and Cheesy Wrap (gluten, dairy)	Tandoori Chicken served in a Flatbread (gluten , dairy)	Roast Meat Yorkshire of the day (eggs, gluten, dairy)	Meat Feast Pizza (gluten ,dairy)	Battered Fish of the day (gluten, fish) with tartar sauce
Special diets	Beef burger and Salad	Tandoori Chicken	Roast Meat of the day		Gluten free Battered fish
Meat free and vegan	Vegi Burger Cheesy Wrap (gluten , dairy)	Tandoori Quorn Chicken in a flatbread (gluten)	Vegetarian Yorkshire Of the day (eggs ,gluten ,dairy)	Margarita Pizza (gluten , dairy)	Vegan Salt and pepper battered tofu (soya)
On the side	Fried Onions Potato wedges Salad	Minted Yoghurt (dairy) Rice Salad	Roast Potatoes Veg of the day	Potato Wedges Sweetcorn Salad	Chips Minted peas or Mushy Peas Baked beans
Pasta or jacket potato	Pasta with a tomato and basil sauce (gluten) Jacket Potato	Pesto Pasta (gluten) Jacket Potato with Cheese and Beans (dairy)	Chunky Vegetable Pasta (gluten) Jacket Potato With Coleslaw (egg)	Cheesy pasta (gluten , dairy) Jacket Potato With cheese and beans (dairy)	Jacket Potato with Cheese , Beans or Coleslaw (dairy, egg)
Dessert	Jam Sponge and Custard (gluten, dairy eggs) Fresh fruit or yoghurt (dairy) also available	Chocolate Cake (gluten, egg, dairy) Fresh fruit or yoghurt (dairy) also available	Carrot Cake with cream cheese frosting (gluten, egg, dairy) Fresh fruit or yoghurt (dairy) also available	Vanilla Slice (gluten , egg, dairy) Fresh fruit ,or yoghurt (dairy) also available	Fruit Tart (gluten) Fresh fruit , yoghurt (dairy) or Jelly also available

This week's menu



Café Mall Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main course	Chicken A la King (gluten, dairy)	Chicken Burger (gluten)	Roast Meat Yorkshire Of the day (gluten, egg, dairy)	Pepperoni Speciality Bread pizza(gluten dairy)	Chunky Fish Finger sandwich with tartar sauce (fish, gluten)
Special diets	Piri piri chicken	Chicken Goujons	Roast Meat of the day		Gluten free Battered fish (fish)
Meat free and vegan	Vegetable Ala king (gluten)	Bean Burger (gluten)	Vegetarian Yorkshire Of the day (gluten, egg, dairy)	Margarita Specialty Bread Pizza (gluten, dairy)	Salt and pepper battered vegetables (gluten)
On the side	Rice Garlic Bread (gluten) Peas	Chunky Garlic potatoes Charred Sweetcorn salad	Roast Potatoes Veg of the day	Chunky garlic potatoes Italian style cannelloni Beans Green salad	Chips Minted peas or Mushy Peas Baked beans
Pasta and jacket potato	Pasta with tomato and basil sauce (gluten) Jacket potato with Cheese (dairy)	Pasta in a creamy mushroom (gluten, dairy) Sauce jacket Potato with Spicy Beans	Pesto pasta (gluten ,dairy) Jacket potato with Tuna or Cheese (dairy, fish, egg)	Roasted Butternut squash and sage pasta (gluten) Jacket potato with cheese and coleslaw (dairy, egg)	Jacket Potato with Cheese , Beans or Coleslaw (dairy, eggs)
Dessert	Chocolate Sponge (gluten, egg) Fresh fruit or yoghurt (dairy) also available	Rice pudding with summer fruits (dairy) Fresh fruit or yoghurt (dairy) also available	Chocolate Flapjack (mc gluten , soya, dairy) Fresh fruit or Yoghurt (dairy) also available	Vanilla Slice (gluten, egg ,dairy) Fresh fruit or Yoghurt (dairy) also available	fruit Tart (gluten , dairy) Fresh fruit , yoghurt (dairy)or Jelly also available

This week's menu

Café Mall Week Three



	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Main course	Mac and Cheese With crispy bacon (gluten, dairy)	Chicken Yuk Sung (soya)	Roast Meat Yorkshire of the day (gluten ,egg ,dairy)	Spicy Meat Calzone (gluten ,dairy)	Battered Fish of the day (gluten, fish) with tartar sauce
Special diets	Vegan Mac crumble	Rice noodle Chow Mein (soya)	Roast Meat of the day		Gluten free Battered fish
Meat free and vegan	Mac and cheese (gluten, dairy)	Vegetable Yuk Sung (soya)	Vegetarian Yorkshire Of the day (gluten, egg, dairy)	Vegetable Calzone (gluten ,dairy)	Vegan Salt and pepper battered aubergine (gluten)
On the side	Paprika potatoes Garlic Bread (gluten) Peas	Prawn crackers (fish) Spring roll (gluten, egg) Mushroom chow Mein (egg, gluten)	Roast Potatoes Veg of the day	Garlic dough balls (gluten) Paprika potato wedges Rocket salad	Chips Minted peas or Mushy Peas Baked beans
Pasta and jacket potato	Jacket potatoes with Cheese or beans (dairy)	Red Pesto Pasta (gluten , dairy) Jacket Potato With tuna and sweetcorn (fish ,egg)	Vegetable Medley Pasta (gluten) Jacket Potato with chilli	Vegetable Carbonara (gluten ,dairy) Jacket potato cheese and beans (dairy)	Jacket Potato with Cheese , Beans or Coleslaw (dairy, eggs)
Dessert	Carrot Cake (gluten, eggs) Fresh fruit or Yoghurt (dairy) also available	Double chocolate chip cookies and cream (gluten, egg, dairy) Fresh fruit or yoghurt(dairy) also available	Nut Free Bakewell Tart (gluten, egg) Fresh fruit or yoghurt (dairy) also available	Fruit Sponge and custard (gluten, egg ,dairy) Fresh fruit or yoghurt(dairy) also available	Chocolate Crunch (gluten, soya, dairy) Fresh fruit or Yoghurt (dairy) also available