

# This week's menu



## Café Mall Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<b>Main course</b>	Beef Burger and Cheesy (gluten, dairy)	Fried Chicken with a sriracha sauce Served in a bao bun (gluten, dairy)	Roast Meat Yorkshire of the day (eggs, gluten, dairy)	Meat Feast Pizza (gluten, dairy)	Battered Fish of the day (gluten, fish) with tartar sauce
<b>Special diets</b>	Beef burger and Salad	Fried Chicken with sriracha sauce	Roast Meat of the day		Gluten free Battered fish
<b>Meat free and vegan</b>	Vegi Burger Cheesy Wrap (gluten, dairy)	Teriyaki vegetables and tofu served in a bao bun (gluten)	Vegetarian Yorkshire Of the day (eggs, gluten, dairy)	Margarita Pizza (gluten, dairy)	<b>Vegan</b> Salt and pepper battered tofu (soya)
<b>On the side</b>	Fried Onions Potato wedges Salad	Asian style fries salad	Roast Potatoes Veg of the day	Potato Wedges Sweetcorn Salad	Chips Minted peas or Mushy Peas Baked beans
<b>Pasta or jacket potato</b>	Pasta with a tomato and basil sauce (gluten) Jacket Potato	Pesto Pasta (gluten) Jacket Potato with Cheese and Beans (dairy)	Chunky Vegetable Pasta (gluten) Jacket Potato With Coleslaw (egg)	Cheesy pasta (gluten, dairy) Jacket Potato With cheese and beans (dairy)	Jacket Potato with Cheese, Beans or Coleslaw (dairy, egg)
<b>Dessert</b>	Jam Sponge and Custard (gluten, dairy, eggs) Fresh fruit or yoghurt (dairy) also available	Chocolate Cake (gluten, egg, dairy) Fresh fruit or yoghurt (dairy) also available	Carrot Cake with cream cheese frosting (gluten, egg, dairy) Fresh fruit or yoghurt (dairy) also available	Vanilla Slice (gluten, egg, dairy) Fresh fruit, or yoghurt (dairy) also available	Fruit Tart (gluten) Fresh fruit, yoghurt (dairy) or Jelly also available

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<b>Soup of the day</b>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<b>Main course</b>	Pulled Pork Tacos (gluten ,dairy)	Chicken Caesar Wrap (gluten, celery)	Roast Meat Yorkshire Of the day (gluten, egg, dairy)	Pepperoni Speciality Bread pizza(gluten dairy)	Chunky Fish Finger sandwich with tartar sauce (fish, gluten)
<b>Special diets</b>	Pulled Pork	Chicken Goujons	Roast Meat of the day		Gluten free Battered fish (fish)
<b>Meat free and vegan</b>	Battered Cauliflower Tacos (gluten)	Korean style Smoked Tofu and broccoli wrap (gluten, soya )	Vegetarian Yorkshire Of the day (gluten, egg, dairy)	Margarita Specialty Bread Pizza (gluten ,dairy)	Salt and pepper battered vegetables (gluten)
<b>On the side</b>	Rice Mango and Sweetcorn Salsa Cheesy Nachos ( dairy)	Chunky Garlic potatoes Charred Sweetcorn salad	Roast Potatoes Veg of the day	Chunky garlic potatoes Italian style cannelloni Beans Green salad	Chips Minted peas or MUSHY Peas Baked beans
<b>Pasta and jacket potato</b>	Pasta with tomato and basil sauce (gluten)  Jacket potato with Cheese (dairy)	Pasta in a creamy mushroom Sauce jacket Potato with Spicy Beans	Pesto pasta (gluten ,dairy) Jacket potato with Tuna or Cheese (dairy ,fish ,egg)	Roasted Butternut squash and sage pasta (gluten) Jacket potato with cheese and coleslaw (dairy, egg)	Jacket Potato with Cheese , Beans or Coleslaw (dairy ,eggs)
<b>Dessert</b>	Chocolate Sponge (gluten ,egg ) Fresh fruit or yoghurt (dairy) also available	Rice pudding with summer fruits (dairy) Fresh fruit or yoghurt (dairy) also available	Chocolate Flapjack (mc gluten , soya, dairy) Fresh fruit or Yoghurt (dairy) also available	Vanilla Slice (gluten, egg ,dairy) Fresh fruit or Yoghurt (dairy) also available	fruit Tart (gluten , dairy) Fresh fruit , yoghurt (dairy)or Jelly also available

# This week's menu



## Café Mall Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<b>Main course</b>	Mac and Cheese With crispy bacon (gluten, dairy)	Crispy Chilli Beef (soya, gluten)	Roast Meat Yorkshire of the day (gluten ,egg ,dairy)	Spicy Meat Calzone (gluten ,dairy)	Battered fish served in a wrap (gluten, fish) with tartar sauce
<b>Special diets</b>	Vegan Mac crumble	Rice noodle Chow Mein (soya)	Roast Meat of the day		Gluten free Battered fish
<b>Meat free and vegan</b>	Mac and cheese (gluten, dairy)	Vegetable Yuk Sung (soya)	Vegetarian Yorkshire Of the day (gluten, egg, dairy)	Vegetable Calzone (gluten ,dairy)	<b>Vegan</b> Salt and pepper battered aubergine (gluten)
<b>On the side</b>	Paprika potatoes Garlic Bread (gluten) Peas	Prawn crackers (fish ) Spring roll (gluten, egg) Mushroom chow Mein (egg, gluten)	Roast Potatoes Veg of the day	Garlic dough balls (gluten) Paprika potato wedges Rocket salad	Chips Minted peas or Mushy Peas Baked beans
<b>Pasta and jacket potato</b>	Jacket potatoes with Cheese or beans (dairy)	Red Pesto Pasta (gluten , dairy)  Jacket Potato With tuna and sweetcorn (fish ,egg)	Vegetable Medley Pasta (gluten) Jacket Potato with chilli	Vegetable Carbonara (gluten ,dairy) Jacket potato cheese and beans (dairy)	Jacket Potato with Cheese , Beans or Coleslaw (dairy, eggs)
<b>Dessert</b>	Carrot Cake (gluten, eggs) Fresh fruit or Yoghurt (dairy) also available	Double chocolate chip cookies and cream (gluten, egg, dairy) Fresh fruit or yoghurt(dairy) also available	Nut Free Bakewell Tart (gluten, egg) Fresh fruit or yoghurt (dairy) also available	Fruit Sponge and custard (gluten, egg ,dairy) Fresh fruit or yoghurt(dairy) also available	Chocolate Crunch (gluten, soya, dairy) Fresh fruit or Yoghurt (dairy) also available